

Menus for June 2022



**Newport News
Public Schools
High School
Menu**



Wednesday, June 1

Breakfast
Zee Zee Smore Breakfast Bar
French Toast Sticks
Fruit-Juice Milk

Lunch
Chicken Fajita
w/Peppers & Onions
Uno Pizza
Spinach
Refried Beans
Peach Cup
Fresh Fruit
Milk

Thursday, June 2

Breakfast
Raspberry Crème Bar
Mini Pancakes
Fruit-Juice-Milk

Lunch
Managers Choice
Beef Hot Dog on Bun
w/Chili & Cheese
Corn
Mashed Potatoes w/Gravy
Applesauce Cup
Fresh Fruit
Milk

Friday, June 3

Breakfast
Waffle Envy
Benefit Bar
Fruit-Juice-Milk

Lunch
Garlic French Bread
Chicken Patty on Bun
French Fries
Mixed Vegetables
Pineapple Cup
Fresh Fruit
Milk

This institution is an equal opportunity provider. Menus are subject to change.

Salad Options

Monday - Chef Salad w/Garlic Knot*
Tuesday - Country Chicken Salad
Wed - Southwestern Chicken Salad w/Corn Bread Muffin
*Thursday - BLT Salad w/Garlic Knot**
Friday - Country Chicken Salad

Monday, June 6

Breakfast
Cinnamon Crisp Bar
Sausage on Bun
Fruit-Juice-Milk

Lunch
Pizza Quesadilla
Corndog Nuggets
Broccoli
Green Beans
Pineapple Cup
Fresh Fruit
Milk

Tuesday, June 7

Breakfast
Mini Cinnis
Sausage N Pancake on Stick
Fruit-Juice-Milk

Lunch
Uno Pizza
Chicken Nuggets w/Roll
Corn
Spinach
Applesauce Cup
Fresh Fruit
Milk

Wednesday, June 8

Breakfast
Zee Zee Smore Breakfast Bar
French Toast Sticks
Fruit-Juice Milk

Lunch
Chicken Quesadilla
Crispy Chicken Patty on Bun
Refried Beans
Butternut Squash
Pear Cup
Fresh Fruit
Milk

Thursday, June 9

Breakfast
Raspberry Crème Bar
Mini Pancakes
Fruit-Juice-Milk

Lunch
Chicken Parmesan w/Roll
Individual Pizza Pie
Steamed Cabbage
Sidewinder Fries
Peach Cup
Fresh Fruit
Milk

Friday, June 10

Breakfast
Waffle Envy
Benefit Bar
Fruit-Juice-Milk

Lunch
Chicken & Waffles
Mozzarella Cheese Sticks
Collard Greens
French Fries
Mixed Fruit Cup
Fresh Fruit
Milk

Available Daily

PB&J
Deli Subs/Wraps
Yogurt w/String Cheese & Cheez its
Apple Slices,
Whole or Cut Up Fruit
Juice
Baby Carrots, Garden Salad

Monday, June 13

Breakfast
Cinnamon Crisp Bar
Sausage on Bun
Fruit-Juice-Milk

Lunch
Meat Lovers Pizza
Fiesta Beef Pocket
Broccoli
Sweet Potatoes
Peach Cup
Fresh Fruit
Milk

Tuesday, June 14

Breakfast
Mini Cinnis
Sausage N Pancake on Stick
Fruit-Juice-Milk

Lunch
Managers Choice

Wednesday, June 15

Breakfast
Zee Zee Smore Breakfast Bar
French Toast Sticks
Fruit-Juice Milk

Lunch
Grab & Go Lunches

Thursday, June 16

Breakfast
Raspberry Crème Bar
Mini Pancakes
Fruit-Juice-Milk

Lunch
Grab & Go Lunches

Friday, June 17

Breakfast
Waffle Envy
Benefit Bar
Fruit-Juice-Milk

Lunch
Grab & Go Lunches