

Menus for June 2022



**Newport News
Public Schools
New Horizons
Menu**



Wednesday, June 1

Breakfast
Raspberry Crème Bar
Fruit-Juice-Milk

Lunch
Garlic French Bread
Turkey & Cheese Anytimer
Corn
Baby Carrots
Fresh Fruit
Milk

Thursday, June 2

Breakfast
Confetti Pancakes
Fruit-Juice-Milk

Lunch
Managers Choice

Friday, June 3

Breakfast
Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch
Pizza Crunchers
PB&J
Garden Salad
Emoticon Potatoes
Fruit Cup
Milk

This institution is an equal opportunity provider. Menus are subject to change.

RESPECT THE HEAT.



When you're outside playing hard this summer, remember to prepare for the heat. Drink plenty of water before, during, and after vigorous summer exercise. If you wait until you feel thirsty to drink, you've waited too long!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Monday, June 6

Breakfast
Cinnamon Crisp Bar
Fruit-Juice-Milk

Lunch
Galaxy Pizza
Turkey & Cheese Anytimer
Corn
Butternut Squash
Fruit Cup
Milk

Tuesday, June 7

Breakfast
Mini Cinnis
Fruit-Juice-Milk

Lunch
Macaroni & Cheese w/Roll
Yogurt w/String Cheese
& Cheez its
Green Beans
Steamed Cabbage
Fresh Fruit
Milk

Wednesday, June 8

Breakfast
Confetti Pancakes
Fruit-Juice-Milk

Lunch
Mozzarella Sticks
PB&J
Spinach
Baby Carrots
Fruit Cup
Milk

Thursday, June 9

Breakfast
Zee Zee Smore Breakfast Bar
Fruit-Juice-Milk

Lunch
Beef and Cheese Soft Taco
BLT Salad
Refried Beans
Garden Salad
Fresh Fruit
Milk

Friday, June 10

Breakfast
Waffle Envy
Fruit-Juice-Milk

Lunch
Chicken Patty on Bun
Country Chicken Salad
Broccoli
French Fries
Fruit Cup
Milk

Available Daily

Sliced Apples
Whole Fresh Fruit
Fruit Cups
Garden Salad
Fresh Baby Carrots
Juice

***Menu item contains pork**

Monday, June 13

Breakfast
Banana Bread
Fruit-Juice-Milk

Lunch
Hamburger/Cheeseburger
Chef 's Salad
Baby Carrots
Potatoes Au Gratin
Fresh Fruit
Milk

Tuesday, June 14

Breakfast
Snack Break w/String Cheese
Fruit-Juice-Milk

Lunch
Hot Pocket
Sub Sandwich/Wrap
Baked Beans
Collard Greens
Fruit Cup
Milk

Wednesday, June 15

Breakfast
Raspberry Crème Bar
Fruit-Juice-Milk

Lunch
Spaghetti w/Meat Sauce
Yogurt w/String Cheese
& Cheez its
Corn
Baby Carrots
Fresh Fruit
Milk

Thursday, June 16

Breakfast
Confetti Pancakes
Fruit-Juice-Milk

Lunch
Managers Choice

Friday, June 17

Breakfast
Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch
Pizza
PB&J
Broccoli
Garden Salad
Fresh Fruit
Milk