



Elementary School Family Life Education Instructional Topics

- +Lessons taught by classroom teacher
- * Lessons taught by family life educator

Grade K

- +All About Families
- +Safety: What to do if we ever get lost

Grade 1

- +Feelings/Emotions and how to express them
- +Positive and Negative Consequences of behaviors

Grade 2

- +What is responsibility
- +How do I take responsibility for my behaviors and actions?

Grade 3

- *Self-Image and self-esteem
- *Behaviors that cause us to gain or lose friends
- *Safety with medications in the home
- *Basic reproductive anatomical terminology
- *Good touch vs bad touch
- *How to respond to inappropriate approaches from strangers

Grade 4

- *Peer Pressure
- *Cyber Bullying
- *Drugs
- *Human Growth and Development: Intro to Puberty

Grade 5

- *Effects of Advertising and the media on pre-teens
- *Internet and social media safety
- *Human growth and development: continuation of concepts of puberty
- *Personal hygiene
- *Dangers of smoking, alcohol and other substances
- *Reproduction
- *STI/STD Introduction
- *Abstinence